Staff restaurant Eldora - Glencore Green Market Bistro / Green Market Bistro

Monday, 28. April	Tuesday, 29. April	Wednesday, 30. April	Thursday, 01. May	Friday, 02. May
SALAD BAR Daily fresh raw vegetable and green salads with	SALAD BAR Daily fresh raw vegetable and green salads with	SALAD BAR Daily fresh raw vegetable and green salads with	SALAD BAR Daily fresh raw vegetable and green salads with	SALAD BAR Daily fresh raw vegetable and green salads with
various toppings and dressings	various toppings and dressings	various toppings and dressings	various toppings and dressings	various toppings and dressings
pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50
HOT SANDWICH	HOT SANDWICH	HOT SANDWICH	HOT SANDWICH	HOT SANDWICH
Maggia ciabatta filled with Turkey breast, cranberries, Brie and cream cheese	Spelt ciabatta filled with Grilled aubergine, Ajvar sauce, rocket, grated cheese, cherry tomatoes and cream cheese	Focaccia filled with Salami, raclette, tomato and egg	Maggia ciabatta filled with Halloumi, baba ganouh, spinach and pomegranate	Spelt ciabatta filled with smoked salmon, mascarpone, lemon, dill and spinach
approx 577.0 cal. / Turkey: France	approx 565.1 cal.	approx 865.9 cal. / Salami (pork, beef): Switzerland		approx 525.8 cal. / Salmon: Norway
9.80	9.80	9.80	9.80	9.80
DAILY SALAD SPECIAL	DAILY SALAD SPECIAL	DAILY SALAD SPECIAL	DAILY SALAD SPECIAL	DAILY SALAD SPECIAL
Asian chicken and mango salad with chicken, mango, cucumber, carrots and	Black tiger shrimp salad with avocado, cottage cheese, tomatoes and dill	High protein salad with avocado, egg, chickpeas, cherry tomatoes	Oriental Dream salad with couscous, cucumber, pomegranate seeds	Thai tofu salad bowl with satay tofu, mango, red cabbage, peanuts
mung beans approx 235.0 cal. / Chicken: Switzerland	approx 287.3 cal. / Shrimps: Vietnam	and flaxseed approx 469.9 cal.	and yoghurt approx 299.8 cal.	and coriander approx 424.2 cal.
9.90	9.90	9.90	9.90	9.90
SOUP	SOUP	SOUP	SOUP	SOUP
Miso soup approx 84.7 cal.	Hawaiian curry soup with lemongrass approx 108.1 cal.	Cream of mushroom soup approx 123.2 cal.	Vegan corn soup approx 108.3 cal.	Cream of vegetable soup approx 77.6 cal.
3.50	3.50	3.50	3.50	3.50
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Raspberry and cream cheese cake	Orange salad with dried figs, Madeira wine, almonds and pomegranate seeds	Redcurrant foam crème	Kaui chocolate and coffee mousse with caramel	Crème brûlée with Tonka
approx 100.5 cal.	approx 161.8 cal.	approx 161.8 cal.	approx 372.2 cal.	approx 270.9 cal.
3.50	3.50	3.50	3.50	3.50

Opening hours: Monday - Friday: 07.00 - 16.00, lunch service: 11.30 - 14.00. | All prices in CHF incl. VAT.

Legend Icons: Gluten-free, lactose-free, vegetarian (1 sheet), vegan (2 sheets), Smart Eating