

Staff restaurant Eldora - Glencore Green Market Bistro / Green Market Bistro

Monday, 27. January	Tuesday, 28. January	Wednesday, 29. January	Thursday, 30. January	Friday, 31. January
SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings
pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50
HOT SANDWICH	HOT SANDWICH 	HOT SANDWICH	HOT SANDWICH 	HOT SANDWICH 
Maggia ciabatta filled with Turkey breast, cranberries, Brie and cream cheese <i>approx 570.7 cal. / Turkey: Switzerland</i>	Spelt ciabatta filled with Plant-based chicken, beetroot hummus, cos lettuce, tomatoes, cucumber, jalapenos and banana bacon <i>approx 477.0 cal.</i>	Focaccia filled with Beef pastrami, sauerkraut, pickled gherkins, Emmental cheese and Reuben sauce <i>approx 898.2 cal. / Beef: Switzerland</i>	Maggia ciabatta filled with Grilled courgettes, free-range egg, tomato pesto and rocket <i>approx 616.7 cal.</i>	Spelt ciabatta filled with smoked salmon, mascarpone, lemon, dill and spinach <i>approx 532.0 cal. / Salmon: Norway</i>
9.80	9.80	9.80	9.80	9.80
DAILY SALAD SPECIAL 	DAILY SALAD SPECIAL 	DAILY SALAD SPECIAL	DAILY SALAD SPECIAL	DAILY SALAD SPECIAL
Thai tofu salad bowl with satay tofu, mango, red cabbage, peanuts and coriander <i>approx 440.5 cal.</i>	High protein salad with avocado, egg, chickpeas, cherry tomatoes and flaxseed <i>approx 495.6 cal.</i>	Niçoise salad with tuna, potatoes, beans, egg, onions and olives <i>approx 454.9 cal. / Tuna: Thailand</i>	Chicken & avocado salad with chicken strips, avocado, tomatoes, sesame, spring onions, chickpeas and chilli <i>approx 389.1 cal. / Chicken: Switzerland</i>	Chicken Caesar salad with chicken, bacon, croutons and Grana Padano <i>approx 425.1 cal. / Chicken: Switzerland, Bacon (pork): Switzerland</i>
9.90	9.90	9.90	9.90	9.90
SOUP 	SOUP 	SOUP	SOUP 	SOUP 
Carrot and mango soup with coconut milk and spring onions <i>approx 185.8 cal.</i>	Spicy tomato soup with jalapeno and mint yoghurt <i>approx 112.7 cal.</i>	Curried chicken soup <i>approx 119.0 cal.</i>	Cream of fennel soup <i>approx 76.4 cal.</i>	Cream of vegetable soup <i>approx 83.4 cal.</i>
3.50	3.50	3.50	3.50	3.50
DESSERT 	DESSERT 	DESSERT	DESSERT 	DESSERT
Bee sting cake <i>approx 169.8 cal.</i>	Red fruit jelly with whipped cream <i>approx 96.2 cal.</i>	Hazelnut crème <i>approx 195.4 cal.</i>	Cheesecake with spiced biscuits <i>approx 426.7 cal.</i>	Redcurrant mousse <i>approx 161.8 cal.</i>
3.50	3.50	3.50	3.50	3.50

Opening hours: Monday - Friday: 07.00 - 16.00, lunch service: 11.30 - 14.00. | All prices in CHF incl. VAT.

Legend Icons: Gluten-free, lactose-free, vegetarian (1 sheet), vegan (2 sheets), Smart Eating