

Staff restaurant Eldora - Glencore Green Market Bistro / Green Market Bistro

Monday, 07. April	Tuesday, 08. April	Wednesday, 09. April	Thursday, 10. April	Friday, 11. April
SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings
pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50
HOT SANDWICH Maggia ciabatta filled with Meat loaf, sauerkraut, sweet mustard and fried egg <i>approx 549.5 cal. / Swiss meat loaf (pork): Switzerland</i>	HOT SANDWICH Spelt ciabatta filled with Brie, tomato pesto, walnuts, butter and spinach <i>approx 999.5 cal.</i>	HOT SANDWICH Focaccia filled with Black Forest ham, mountain cheese, horseradish and apple <i>approx 775.3 cal. / Ham (pork): Germany</i>	HOT SANDWICH  Maggia ciabatta filled with Grilled courgettes, free-range egg, tomato pesto and rocket <i>approx 618.4 cal.</i>	HOT SANDWICH  Spelt ciabatta filled with Breaded ice flounder fillet, tartar sauce and spinach <i>approx 617.0 cal. / Ice flounder: Northeast Pacific</i>
9.80	9.80	9.80	9.80	9.80
DAILY SALAD SPECIAL Niçoise salad with tuna, potatoes, beans, egg, onions and olives <i>approx 391.3 cal. / Tuna: Thailand</i>	DAILY SALAD SPECIAL  Black tiger shrimp salad with avocado, cottage cheese, tomatoes and dill <i>approx 287.3 cal. / Shrimps: Vietnam</i>	DAILY SALAD SPECIAL  High protein salad with avocado, egg, chickpeas, cherry tomatoes and flaxseed <i>approx 469.9 cal.</i>	DAILY SALAD SPECIAL  Oriental Dream salad with couscous, cucumber, pomegranate seeds and yoghurt <i>approx 299.8 cal.</i>	DAILY SALAD SPECIAL  Thai tofu salad bowl with satay tofu, mango, red cabbage, peanuts and coriander <i>approx 419.4 cal.</i>
9.90	9.90	9.90	9.90	9.90
SOUP  Vegan spinach soup <i>approx 66.1 cal.</i>	SOUP  Sweet potato soup with curry <i>approx 111.3 cal.</i>	SOUP  Ramen soup with mushrooms, vegetables, tofu and wakame <i>approx 128.2 cal.</i>	SOUP  Cream of mushroom soup <i>approx 123.2 cal.</i>	SOUP  Cream of vegetable soup <i>approx 77.6 cal.</i>
3.50	3.50	3.50	3.50	3.50
DESSERT  Cherry and chocolate cake <i>approx 220.2 cal.</i>	DESSERT  Marinated grapes <i>approx 74.8 cal.</i>	DESSERT Mango mousse <i>approx 175.8 cal.</i>	DESSERT Chocolate panna cotta with wild berry sauce <i>approx 306.2 cal.</i>	DESSERT Caramel trifle <i>approx 409.0 cal.</i>
3.50	3.50	3.50	3.50	3.50

Opening hours: Monday - Friday: 07.00 - 16.00, lunch service: 11.30 - 14.00. | All prices in CHF incl. VAT.

Legend Icons: Gluten-free, lactose-free, vegetarian (1 sheet), vegan (2 sheets), Smart Eating