## Staff restaurant Eldora - Glencore Green Market Bistro / Green Market Bistro

Monday, 03. March	Tuesday, 04. March	Wednesday, 05. March	Thursday, 06. March	Friday, 07. March
SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
Daily fresh raw vegetable and green salads with various toppings and dressings	Daily fresh raw vegetable and green salads with various toppings and dressings	Daily fresh raw vegetable and green salads with various toppings and dressings	Daily fresh raw vegetable and green salads with various toppings and dressings	Daily fresh raw vegetable and green salads with various toppings and dressings
pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50
HOT SANDWICH	HOT SANDWICH	HOT SANDWICH	HOT SANDWICH	HOT SANDWICH
Maggia ciabatta filled with Pastrami, cream cheese with mustard, coleslaw approx 408.8 cal. / Beef: Switzerland	Spelt ciabatta filled with Buffalo mozzarella, grilled vegetables, pesto and rocket approx 696.4 cal.	Focaccia filled with chicken, grated cheese, cream cheese, cos lettuce and Caesar dip approx 681.2 cal. / Chicken: Switzerland	Maggia ciabatta filled with Fried mushrooms, roasted vegetables, salsa verde and rocket approx 557.0 cal.	Spelt ciabatta filled with Jerk salmon, pea guacamole, yoghurt dip and baby spinach approx 532.9 cal. / Salmon: Norway
9.80	9.80	9.80	9.80	9.80
DAILY SALAD SPECIAL	DAILY SALAD SPECIAL	DAILY SALAD SPECIAL	DAILY SALAD SPECIAL	DAILY SALAD SPECIAL
Chicken & avocado salad with chicken strips, avocado, tomatoes, sesame, spring onions, chickpeas and chilli	Black tiger shrimp salad with avocado, cottage cheese, tomatoes and dill	Lamb's lettuce with bacon, egg and croutons	Niçoise salad with tuna, potatoes, beans, egg, onions and olives	Power salmon salad with smoked salmon, quinoa, mushrooms, sweet potatoes, avocado, tomatoes and corn
approx 389.1 cal. / Chicken: Switzerland	approx 317.1 cal. / Shrimps: Vietnam	approx 422.6 cal. / Bacon (pork): Switzerland	approx 451.4 cal. / Tuna: Thailand	approx 709.2 cal. / Salmon: Norway
9.90	9.90	9.90	9.90	9.90
SOUP	SOUP	SOUP	SOUP	SOUP
Vegan carrot and ginger soup approx 76.0 cal.	Spicy tomato soup with vermicelli approx 114.2 cal.	Semolina soup with leek strips approx 205.1 cal.	Cream of celery soup approx 79.2 cal.	Cream of vegetable soup approx 83.4 cal.
3.50	3.50	3.50	3.50	3.50
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Pastel de Nata approx 158.7 cal. / Pastel de Nata: Portugal	Orange salad with figs and pistachios approx 97.6 cal.	Maple syrup mousse approx 363.3 cal.	Chocolate crème approx 170.4 cal.	Wild berry trifle approx 191.5 cal.
3.50	3.50	3.50	3.50	3.50

Opening hours: Monday - Friday: 07.00 - 16.00, lunch service: 11.30 - 14.00. | All prices in CHF incl. VAT.

Legend Icons: Gluten-free, lactose-free, vegetarian (1 sheet), vegan (2 sheets), Smart Eating